



EAR, NOSE & THROAT PLASTIC SURGERY CENTER

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1668 Mulkey Rd., Suite E, Austell, GA 30106

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BALLOON PROCEDURE

1- PERFORMED TO OPEN THE SINUS, WITH MINIMAL DISCOMFORT, PERFORMED IN THE OFFICE UNDER LOCAL ANESTHESIA OR IF REQUESTED SEDATION.

2- THE PROCEDURE TAKES APPROXIMATELY 15-30 MINUTES

3- YOU REQUIRE A DRIVER

4- DO NOT EAT OR DRINK 2 HOURS BEFORE PROCEDURE. EAT ONLY A LIGHT BREAKFAST. NO CAFFEINE, NO ORANGE JUICE DAY OF PROCEDURE.

5- PRIOR TO THE PROCEDURE, TAKE ANY BLOOD PRESSURE MEDICATION OR INHALERS YOU WOULD ROUTINELY TAKE DAILY.

6- STOP ANY BLOOD THINNER 7 DAYS PRIOR TO THE PROCEDURE. (INCLUDING STOPPING ASPIRIN, MOTRIN, IBUPROFEN, ALEVE, NO VITAMINS, NO GREEN VEGETABLES) **USE TYLENOL FOR PAIN IF NEEDED BEFORE SURGERY.**

7- PATIENT MUST START NEILMED IRRIGATION **THE DAY PRIOR TO PROCEDURE & THE MORNING OF THE PROCEDURE.** (USE DISTILLED WATER & IRRIGATE ONE FULL BOTTLE EACH SIDE OF THE NOSE AM & PM DAY PRIOR TO SURGERY, THE DAY OF SURGERY IRRIGATE BOTH SIDES OF NOSE WITH NEILMED 2 HOURS BEFORE SURGERY.)

8-ANY PRESCRIPTION FOR ANTIBIOTIC WRITTEN FOR BALLOON SINUPLASTY NEEDS TO BE STARTED THE DAY PRIOR AND THE MORNING OF THE BALLOON SINUPLASTY.